

## YORK EAGLES NATIONAL LEAGUE PLAYERS' CODE of CONDUCT

*This Code of Conduct outlines the expectations we have of York Eagles players*

**AT HOME** York Eagles players are expected to:

- Be organised so that they are able to balance their family, school and basketball training commitments;
- Undertake their DAILY training programme to improve their physical and technical competence at basketball either individually or with their peers;
- Appreciate the efforts that their parents make to allow them to train and play basketball;
- Take responsibility to know where they should be, when they should be there, what they will be doing and why they will be doing the activity.

**AT SCHOOL** York Eagles players are expected to:

- Be recognised as hard working, well-liked, good students who set an example to others with their attitude and behaviour;
- Contribute at school with basketball coaching, officiating and scoring;
- Be up to date with their studies AT ALL TIMES and not leave homework until the last minute.

**AT TRAINING** York Eagles players are expected to:

- Arrive on time with their training kit (including a reversible), check-in and warm up;
- Aspire to achieve a 100% attendance at training sessions;
- Miss training ONLY for IMPORTANT FAMILY or SCHOOL COMMITMENTS, and communicate to the Coach their absence in advance when possible;
- Be totally focussed in training, realising this is a time to learn and be seen to learn and understand;
- Give maximum effort at ALL TIMES – understanding that we will PLAY LIKE WE TRAIN.

**AT GAMES** York Eagles players are expected to:

- Arrive on time and be ready, both mentally and physically, to play hard, play smart and play together;
- Understand that 'making your team mates look good' is the foundation for success, it is not about *me*, it is about *us* – the TEAM'S NEEDS comes before the INDIVIDUAL'S NEEDS.

**IN GENERAL** York Eagles players are expected to:

- Show respect at all times to Coaches, Referees, Table Officials, Opponents, Fellow Players, Parents and Spectators;
- Prioritise their basketball development by attending basketball camps, reading basketball material, watching basketball games and playing and talking basketball.

Signed (Player) ..... Parent ..... Date.....